

### Checklist for visiting Communities SENIOR LIVING OPTION Caring advice for the next step in life

COMMUNITY NAME			CONTACT
PHONE			EMAIL
COMMUNITY SERVICES			NOTES
Staff available 24 hours a day	🗆 Yes	□ No	
MEALS:			
3 meals per day	🗆 Yes	□ No	
2 meals per day	🗆 Yes	□ No	
Meal plan packages	🗆 Yes	□ No	
Special dietary needs such as low sodium, sugar free options	🗆 Yes	□No	
Emergency call or response system in each apartment	🗆 Yes	□ No	
Activities & events (frequency, types, quality)	□ Yes	□ No	
Scheduled transportation to doctors/errands	🗆 Yes	□ No	
Utilities are they included	🗆 Yes	□ No	
Cable and telephone	🗆 Yes	□ No	
Housekeeping	🗆 Yes	□ No	
Linen service included or extra	🗆 Yes	□ No	
Laundry facilities on site	🗆 Yes	□ No	
Barber/beauty salon on site	🗆 Yes	□ No	
Fitness equipment and exercise programs	□ Yes	□ No	
Frequency and with instructor	🗆 Yes	□ No	
Pet policy	🗆 Yes	□ No	
Emergency protocol for residents	□ Yes	□No	
Spiritual services available on site	🗆 Yes	□ No	
Or other			
VISIT TOUR			
Grounds, landscape and building exterior kept up	🗆 Yes	□ No	
Pleasantly greeted upon entering the community	🗆 Yes	□ No	

## 203.359.5777 🔶 www.seniorlivingoptionsne.com



### **Checklist for visiting Communities**

#### VISIT TOUR (continued)

Activity in the building upon entering	🗆 Yes	□ No	
Décor was attractive and home-like	🗆 Yes	□ No	
Community in good repair, clean, free of odor and pleasant in temperature	□ Yes	□No	
Floor plan layout was easy to navigate	🗆 Yes	□ No	
Wide hallways	🗆 Yes	□ No	
Ample natural and artificial lighting	🗆 Yes	□ No	
Staff members interacted with you when you passed by during the tour	□ Yes	□No	
Care levels- how many and related costs	🗆 Yes	□ No	
Medication management costs included or separate	□ Yes	□No	
APARTMENT			
Full Kitchen	🗆 Yes	□ No	
Kitchenette	🗆 Yes	□ No	
Emergency pull cords or emergency response system	□ Yes	□ No	
Handrails in bathroom	🗆 Yes	□ No	
Pull down shower chair	🗆 Yes	□ No	
Hand held shower	🗆 Yes	□ No	
Good natural and artificial lighting	🗆 Yes	□ No	
Individual climate control	🗆 Yes	□ No	
Non-skid flooring and firm carpets for walking ease	□ Yes		Monthly breakout of costs
WHAT ARE THE APARTMENT/ROC CHOICES? CHECK ALL THAT APPLY			Monthly rent:

- □ Studio apartment □ 1 bedroom apt. □ 2 bedroom apt. □ Bedroom with private bath □ Bedroom with shared bath

□ Shared bedroom with bath

# Estimated monthly Care:

Any additional cost:

Security deposit:

Other:

#### 203.359.5777 💙 www.seniorlivingoptionsne.com